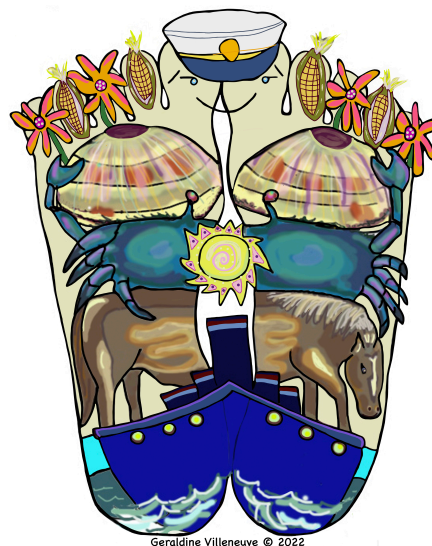


Is proud to present

Structural Reflexology®

With Geraldine Villeneuve



Friday, Sept 16 4:00 -9:00 pm
Saturday, Sept 17 9:00 -5:00 pm
Sunday, Sept 18 9:00 -12:00 noon

The Maritime Institute and Conference Center
Linthicum Heights, Maryland

MDRA is subsidizing this class for current members!

	Register by 6/30/22	Register after 6/30/22
Current Members:	\$400 (2022-2023 membership included)	\$400 (no membership included)
Non Members:	\$425 (2022-2023 included)	\$450 (no membership included)

Class investment includes: The amazing workshop with Geraldine, morning break, lunch and afternoon break on Saturday and lunch on Sunday!

14 ARCB & NCBTMB CE's

Students can expect to learn:

Structural Reflexology definition:

Structural Reflexology® is the practice of integrating foot reflexology with anatomy, physiology, and kinesiology by using local and reflexive methods to release stress and compensation in the entire body. Structural Reflexology® addresses tension sites on feet as the product of local muscle and ligament strain while maintaining an understanding of how these sites of tension on the feet will impact the rest of the body.

Learning Objectives for Structural Reflexology® Level I training:

- Define Structural Reflexology®.
- Demonstrate how reflexology relates to foot function.
- Outline the basic structure and function of feet.
- Understand how to assess feet reflexively and locally using ink press images and foot measuring.
- Understand the impact certain shoes have on foot mechanics and the body.
- Demonstrate how to release muscle and joint tension causing foot problems.
- Have fun while learning!

About Geraldine

Geraldine Villeneuve trademarked Structural Reflexology® in 2013 as a revolutionary method of promoting healthy feet and bodies. She is the author of Put Your Best Feet Forward: Exploring the Causes and Cures of Foot Pain with Structural Reflexology®, published in 2017.

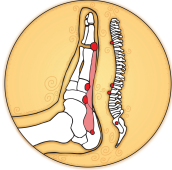
Over the last 40 years Geraldine has been practicing reflexology while building her theory of how reflexology works. Her focus for the later 25 years of her practice was devoted to integrating foot function with reflexology, leading her to develop a map that shows how muscles attachment sites overlap with reflexes on the feet. She is internationally renowned for her unique Structural Reflexology® method which has proven to successfully and efficiently help those who suffer with foot-based ailments.

Geraldine's inspiring teaching style passionately guides students to understand how Structural Reflexology® meets its primary goal of relieving stress in the feet and the from the Reflexology Association of American in 2021. She is currently the United States Country Coordinator for the International Council of Reflexologists.

Geraldine has spoken at a variety of healthcare forums on the subject of integrating reflexology with foot function and continues to introduce Structural Reflexology® around the world. Geraldine's popular book Put Your Best Feet Forward has been received favorably by both healthcare professionals and the layperson. It is available

through Amazon, Barnes and Noble, and Balboa Press bookstores. She is currently working on her next manuscript which beautifully and artistically details the ins and outs of foot problems, the manifestation of their symptoms throughout the body, the reflexes associated with tension sites on the feet, and recovery. She is looking forward to publishing this book by June of 2022.

To read more about Geraldine, visit her website: www.PutYourBestFeetFoward.com



Structural Reflexology®, LLC



Structural Reflexology®

September 16-18, 2022
Maritime Institute and Conference Center

Name _____

Address _____

Best Contact Phone Number _____

Email _____

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Register by 6/30/22 (Circle one)	\$400 *	\$425 *
Register after 6/30/22 (Circle one)	\$425 **	\$450 **

* 2022-2023 MDRA membership included

* No membership included

How will you be paying?

_____ Check Enclosed

_____ Send me a PayPal Invoice

A limited number of sleeping rooms have been reserved for this class. Single rooms are \$145. Double rooms are \$190. Sleeping room rates include your breakfast and dinner. (Note: This workshop fee covers your lunch, so all meals are covered if you stay at our host facility)

Reservations can be made by calling 410-859-5700.