



proudly presents

Foot Reading
Integrating the western and eastern worlds of reflexology
More than what your toes tell you
with Sam Belyea
aka The Foot Whisperer

WHEN: Friday, March 15 4:00 - 9:00 pm
 Saturday, March 16 9:00 - 5:00 pm
 5:30 pm - MDRA Membership Meeting
 Sunday, March 17 9:00 - 12:00 pm

WHERE: The Maritime Institute and Conference Center
 692 Maritime Boulevard
 Linthicum Heights, MD 21090

INVESTMENT: MDRA is subsidizing part of this workshop for our members!

	Paid by	Paid after
	2/15	2/15
MDRA professional members*	\$125	\$175
(* membership status as of 7/1/18)		
MDRA associate members*	\$175	\$225
(* membership status as of 7/1/18)		
New MDRA members**	\$200	\$250
(**join when you register for this workshop)		
Non members	\$225	\$275

There is limited seating for this workshop. Register early to secure your seat!

Foot Reading

with Sam Belyea

Foot Reading is the assessment aspect of Reflexology that is not normally taught during standard Reflexology education. Held within this precious content are discussions on tissue states, energetic principles, visual/textural assessment of the reflexes, gait analysis and much more. Instead of pressing reflexes based on strict protocol, Foot Reading allows the Reflexologist to enhance their sessions by having active conversations with clients about the meaning behind what is found in the reflexes. Foot Reading can also be a standalone modality where practitioners can consult with clients in a coaching setting to achieve wellness goals. Foundational skills like mapping the feet, reflex locations and palpation are emphasized, but new concepts like understanding the mental/emotional component, mapping the hands/face/ears and generating Foot Reading Reports are also added. This workshop will instill the knowledge and confidence for the practice of Foot Reading as an adjunct or stand-alone modality.

*This workshop is for reflexologists who have completed at least a 200 hour program.

About our instructor:



Sam Belyea is the owner and Training Director of The Foot Whisperer Reflexology Institute in Tampa, FL, as well as an internationally recognized author and lecturer. After becoming a massage therapist in 2009, Sam specialized in Reflexology because of the wonderful insights and results the feet and hands gave during his sessions. After becoming Dual-Nationally Certified through the American Reflexology Certification Board, Sam developed his own Face and Ear Reflexology techniques and maps to complete the four classic schools of Reflexology from a Western perspective, which he has now become famous for teaching. Always integrating humor and respect for the

mental/emotional components of pain during his classes, Sam is a beloved live and online bodywork teacher with backgrounds in Physical Therapy, Yoga, Herbalism and energy related health modalities.



proudly presents

Foot Reading with Sam Belyea

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: (H) _____ (W) _____ (C) _____

EMAIL ADDRESS: _____

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	Paid by 2/15	Paid after 2/15
PLEASE CIRCLE THE ENCLOSED AMOUNT		
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Total Enclosed		\$ _____

Only those registered for the workshop will be permitted in the classroom.

Please complete this form and mail with your payment, payable to MDRA to:
Caroline Klem
2331 Braddock Road
Mount Airy, MD 21771

A limited number of sleeping rooms have been reserved for MDRA at a special rate of \$139 for single occupancy and \$184 for double occupancy, per night.
Please note that your breakfast and dinner meals are included in this price.
To reserve your room, contact the Maritime Institute directly at 866-900-3517.

Do you have additional questions? Questions may be directed to Caroline Klem at HeartAndSoleConnections@gmail.com or 410-259-1881.